



Stamford Yacht Club



Royal Danish Yacht Club
Consulate General of Denmark



Stamford Sail and Power Squadron



SAILING INSTRUCTIONS FOR THE FORTY-FIFTH STAMFORD DENMARK FRIENDSHIP RACE SUNDAY, SEPTEMBER 12, 2010

Sponsored by: Stamford Yacht Club, Royal Danish Yacht Club, Stamford Sail and Power Squadron, Consulate General of Denmark

1. RULES

1.1 The race shall be governed by rules as defined in the Racing Rules of Sailing 2009-2012 (RRS), except as may be modified by the Notice of Race or these Sailing Instructions. In the event of inconsistencies, these Sailing Instructions shall prevail. The Ideal 18 and Multi-hull racers shall be governed by their respective Class Associations Rules, published separately. The Ideal 18 sailing instructions will be published separately.

(a) The following prescriptions of US Sailing will apply: prescriptions to RRS 68 and 76.1.

1.2 The following fleet rating classification rules shall be in effect:

(a) Racing will be conducted in PHRF classes for boats rating 30 and higher, except as modified by 1.2(b). Each entrant shall indicate and adhere to his intention to race in a spinnaker or non-spinnaker class. This event will use the YRA-LIS PHRF standard ratings.

PHRF- Non-spinnaker class is defined as prohibiting the use of any headsail with a mid-girth (mid-luff to mid-leech) more than 50% of its foot measurement. This means: jib only - no flashers. Except when changing headsails, non-spinnaker boats may not fly more than one headsail at a time.

(b) IRC- Racing will be conducted in IRC classes for boats rating 0.975 and faster if there is sufficient interest. Such entrants shall submit both IRC and PHRF certificates. There will NOT be dual scoring - entrants must elect to race under PHRF or IRC. If there are insufficient IRC entries to form a class, all boats will sail PHRF.

(c) Multi-hulls shall race under the Portsmouth Rule

(d) Classic boats (at least 25 years old) shall sail as designated on the Scratch Sheets. For trophy purposes, they shall also be scored separately.

1.3 Each participating boat is required to fly the flag of Denmark or other red and white flag from its starboard rigging and the code flag corresponding to its class from the backstay. Multi hulls need not fly a class code flag.

1.4 A boat withdrawing is required to immediately notify the Race Committee via VHF Channel 05.

1.5 Each boat (except I-18) must conform to YRA of LIS Minimum Equipment & Safety Recommendations Category C. All boats shall have a VHF radio capable of broadcasting and receiving over channel 05. Channel 72 will be used for the Ideal 18 course.

2. THE COURSE

2.1 There shall be one start line for all divisions. Courses for each division shall be signaled as described in 2.2 and 2.3.

2.2 Each Division shall be assigned to either Course "I" or Course "II" as designated on the Scratch Sheets. Courses for each shall be signaled from the Race Committee Boat (Course Board) as a display of letters mounted vertically below the "I" or "II" designation and indicating the identification and order of each turning mark to be rounded.

2.3 The Race Committee may elect to set temporary turning marks as marks of the course (as designated in Sec.3.1) If temporary turning marks are used they shall be orange or yellow tetrahedrons.

2.4 Marks shall be rounded in the order signaled and so that the rhumbline leaving a rounding mark shall not cross the rhumbline approaching that mark. Where rhumb lines are reciprocal, the mark being rounded is to be left on the same side as the preceding mark.

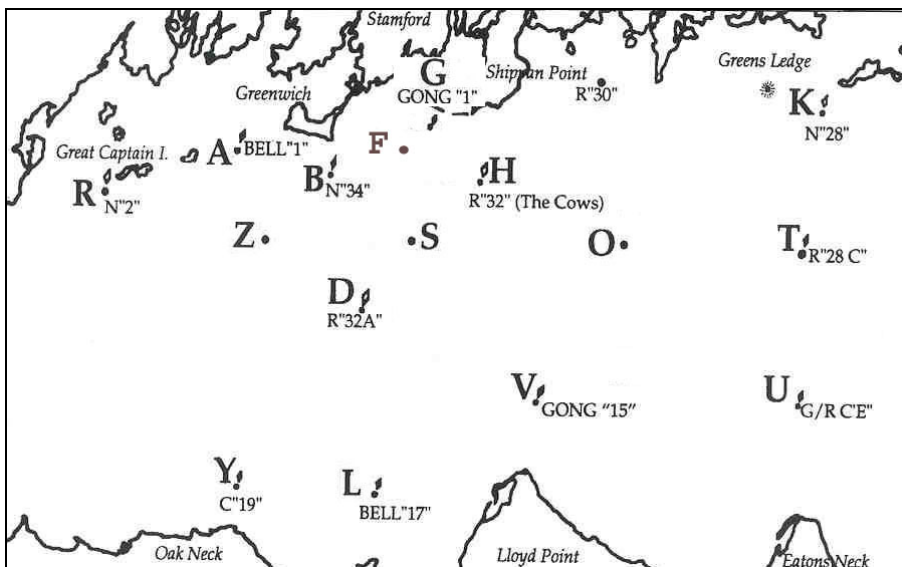
3. THE MARKS

- 3.1 **A**—Bell "1" (Greenwich) **B**—Nun "34" **D**—R Bell "32A" **G**—G Gong "1" (Stamford) **H**—R Bell "32"
 K—Nun "28" **L**—G Bell "17" **R**—Nun "2" **T**—R Bell "28C" **U**—G/R Can "E"
 V—G Gong "15" **Z**—Temp Mark **O**—Temp Mark **W1**—Temp Yellow (Course "I")
 Y—G Can "19" **F**—Finish Mark **W2**—Temp Orange (Course "II")

W1 and **W2** may be signaled as the *first mark* of the course. If signaled, the direction and distance to **W1** or **W2** will be indicated by the degrees magnetic above the distance in nautical miles appearing in the center section of the Course Board.

Temporary Mark Z = 40° 59.000' N / 073° 34.135 W **Temporary Mark O** = 40° 59.000' N / 073° 30.280' W

3.2 Unless designated as a mark of the course, Red Bell"32"(H) must be passed on the channel side. Other government marks may be disregarded at the discretion of the skipper.



4. THE START

4.1 The starting area ("S") shall be in the vicinity of 40° 59.000' N / 073° 32.210' W. The Start line shall be between an orange line flag on Race Committee Boat and a temporary start mark set by the Race Committee. The Race Committee may deploy an orange "keep-away" ball. If deployed, this ball shall be considered an integral part of the Committee Boat.

4.2 Starting signals shall be in accordance with Rule 26 with the following modification: 5 minutes before the warning signal for the first class to start, Code Flag F will be displayed with one sound. One minute before the Warning for the first class to start, Code Flag "F" will be removed without sound. It is expected that classes will start at 10-minute intervals as follows:

STARTS	TIME	SIGNAL
	1020	Code Flag F
	1024	"F" removed
1	Warning	Code Flag 1
	1026	Code Flag P
	1029	"P" removed
	1030	1 removed
2	Warning	Code Flag 2
	1036	Code Flag P
	1039	"P" removed
	1040	2 removed
3	Warning	Code Flag 3
	1046	Code Flag P
	1049	"P" removed
	1050	3 removed
4	Warning	Code Flag 4
	1056	Code Flag P
	1059	"P" removed
	1100	4 removed
5	Warning	Code Flag 5
	1106	Code Flag P
	1109	"P" removed
	1110	5 removed

CONTINUING UNTIL ALL DIVISIONS HAVE STARTED PER SCRATCH SHEET

4.3 All boats must keep clear of the starting area until after the start for the preceding class. *Rules 63.1 is hereby modified* to allow that any boat interfering with the start of another class shall be subject to disqualification by the Race Committee without a hearing. No boat may use her engine after the Preparatory Signal for her class.

4.4 After the first preparatory signal of the day, Rule 30.1, the "around the ends rule", shall be in effect without the Race Committee having to fly code flag "I". *This modifies Rule 30.1.*

5. POSTPONEMENT

"AP" Answering Pennant and two guns. "AP" shall be lowered with one long audible blast one minute before the Warning Signal for the next class to start had there been no postponement. Postponements shall be for 5 minute intervals.

6. RECALLS

6.1 Individual Recalls shall be signaled by displaying code flag "X" and sounding one audible blast. Infringing boat(s) may be called by name or sail number over a loud hailer and all boats are requested to "pass the word" to the recalled boat(s). The Race Committee may attempt to notify OCS boats over VHF channel 05. (See 11.2.) Failure to hear the loud hailer or radio announcement shall not be grounds for Redress.

6.2 General Recalls shall be signaled with code flag "First Substitute" and two audible blasts and the Race Committee shall announce that a General Recall has been signaled over the VHF channel designated for that course.

6.3 In the event of a General Recall, the recalled class(es) shall re-start in sequence after the last scheduled start on her Course.

7. THE FINISH

7.1 The finish line shall be between a yellow flag on Race Committee Boat, and mark "F" a temporary mark to be set approximately 0.25 NM southwesterly of "G" Gong "1".

7.2 All boats shall record their finish time as accurately as possible, and shall also record their position by noting the sail number and/or name of the boat finishing before and after her. If several boats finish close together, record all boats in sequence. Keep the information for possible later use.

7.3 If you cross the finish line in a cluster of boats, or if your sail number may be blanketed from the view of the Committee Boat, you should immediately hail an assistant committee boat (identified by a yellow RC flag) and report your name and sail number and those of the boats finishing immediately before and after you. Do not approach or hail the Finish Boat. Keep the information for possible later use.

7.4 The Race may be shortened at any mark of the course. A shortened course will be signaled with code flag "S" and two guns. The finish line will be between an orange flag on the Committee Boat and the mark. The Committee Boat may be stationed on either side of the finish mark. All boats shall finish in a direction from the previous turning mark.

8. TIME LIMIT

8.1 The time limit for all classes is 1600, or 30 minutes from the finish time of the *first finisher* of each class, providing that first finisher finishes between 1530 and 1600 (time limit extension period). Extension of time shall be rounded to the next full minute.

8.2 All boats finishing within the time limit extension period shall be scored.

8.3 Any or all time limit extension period(s) shall be broadcast over VHF channel 05 (see 11.2).

8.4 Any boat not finished by the time limit, or any extension thereof, shall be scored TLE and receive points equal to the number of boats that finished within the time limit, or any extension thereof, plus two (2) but in no case will a boat be scored worse than DNF. This changes RRS 35 and Appendix A.

9. PROTESTS

9.1 It is intended that all protests be mediated prior to a hearing. The parties to a protest will state their cases to a mediator; the mediator will discuss the issues with each party and, upon evaluating the statements made, offer an opinion as to the likely outcome of a hearing. Should all parties to the protest accept the opinion, the boat accepting the mediator's opinion that she broke a Rule of Part 2 of the Racing Rules of Sailing shall receive a scoring penalty of 20% of the number of boats starting in her class (rounding .5 upward) to her actual finish position and no hearing will take place. If, after mediation, a hearing is held, the mediator shall not participate in the hearing. This changes RRS 63.3(a)

9.2 A boat intending to file a protest shall so inform the PROTEST BOAT immediately after finishing or withdrawing. The Protest boat is intended to be situated northerly of the finish line. **DO NOT HAIL OR APPROACH THE COMMITTEE BOAT.**

9.3 Protests must be lodged no later than 60 minutes after finishing at the intended FINISH immediately southerly of Stamford Harbor or, in the case of a shortened course, 90 minutes after finishing at that mark of the course.

9.4 Protests involving a potential Class winner will be heard on the day of the race at Stamford Yacht Club (register at the front desk) as soon as practicable after the involved parties have finished. The Race Committee will endeavor to announce over VHF channel 05 those protests intended to be heard and at what time. Protest hearings involving potential trophy winners are intended to begin immediately after the filing deadline. Protests involving boats other than potential trophy winners may be heard thereafter, or at 2000 at SYC on the Thursday following the race.

10. NOTICES

All notices, including amendments to these instructions, will be posted on the bulletin board at the Stamford Yacht Club Dock House before 0800 on the day of the Race and copies will be made available at the Dock House, Club Office and, if time permits, via the SYC web page "www.stamfordyc.com." The telephone number at Stamford Yacht Club is (203) 323-3161.

11. RADIO COMMUNICATIONS

11.1 Race Committee shall broadcast and receive over channel 05.

11.2 The Race Committee may make courtesy announcements.

12. OFFICIAL BOATS

The SYC Signal Boat will be identified by a blue RC flag flown from the top of the aft mast. RC Support boats will be identified by yellow or red RC flags. All RC craft and VIP boats will fly the Flag of Denmark.

13. MANAGEMENT

The Race Committee shall have the authority to interpret the rules and conditions of the race, to assign boats to classes, to decide protests and to reject the entry of any boat.

14. SAFETY AND RESPONSIBILITY

It is the sole responsibility of the master of each boat to see that she is seaworthy in all respects and that she is manned by a competent crew. The master and all the members of the crew of each boat, by participating in this race, agree to do so at their own risk, and waive any claim against and hold harmless the Race Sponsors, their officers, directors, committees, members, employees and agents against any claims arising in any way out of the participation in the Race of such boat, her master and crew.

15. RECEPTION AND AWARDS CEREMONY

Participating masters, captains and crew are invited to a reception and award ceremony at Stamford Yacht Club following the race. The awards ceremony is scheduled for 1730 but may be held earlier if the results are final. Trophies are awarded subject to verification and protests. The American bar will be open at about 1500. The Danish bar will be open as posted. Captains are responsible for their crew during the reception and they are asked to assure that all conversation cease during the award ceremony.

The 2010 Stamford Denmark Friendship Race is generously supported by:

